

CHERRY VANILLA POPS

I small bag of frozen fruitI cup waterJuice of I/2 lemon

Vanilla Bean or Vanilla Extract Sugar to taste

Warm fruit and water on the stove. Add a few teaspoons of vanilla extract or a dried out vanilla bean. Taste it and add sugar if needed. If sugar is added, make sure it dissolves during this warming phase. Squeeze the juice of 1/2 a lemon in. Blend and then pour into molds.

Fun Variations

- Blueberries with lime zest and juice
- Raspberries and strawberries with lemon thyme.
- 'Bubbly for kids' If I have extra, I freeze it in a container then shaves off bits and put them in small glasses of seltzer for the kids. They feel like they have a fancy, bubbly drink for special occasions.